

American Bowen Academy

Deep Anatomy of Modules 11/12

The Explorations Continue!

Instructor: Nancy Pierson 512-750-4012 bowensource@yahoo.com
CE Credits: 16
Cost: \$395
Pre-requisites: Module 11; annual registration current

Important note: this is a pilot course that the first participants will be helping to field test to determine how much material can be covered gracefully in two days. We may or may not get through all the procedures normally covered in Module 11/12.

I. Rationale:

Deep Anatomy of Modules 11/12 does for the material in Modules 11 & 12 what *Deep Anatomy: Exploring Structure & Choice in Bowenwork Moves* does for the material in Modules 1-6.

II. Course Aims and Outcomes:

No two clients are alike – each has his/her own story and physical history. There are no hard-and-fast protocols to address a specific condition. Yet, with a deeper understanding of the muscles, nerves, lymphatic vessels, and fascia underlying our moves, we can develop our own intelligence in choosing appropriate procedures. Precise location, tissue-tension sense, and overall quality of Bowenwork moves will give better results with clients.

Specific Learning Outcomes:

In *Deep Anatomy of Modules 11/12* we will review Module 11/12 procedures, being mindful of what additional structures we are affecting with each move; we will also explore how nonobvious procedures may contribute to the resolution of certain conditions.

At the end of the 16-hour class *Deep Anatomy of Modules 11/12* the student will:

- Understand the various structures that we are affecting when we do a particular Bowenwork move
 - Musculotendonous
 - Fascial
 - Nerve
 - Fluid
 - Energetic
- Understand the interrelationships of the various structures with different parts of the body

- Understand how to gauge the depth, speed, and pressure of a move to access better the various structures
- Understand the theory behind the moves based on more up-to-date knowledge of fascia
- Identify more easily bony and musculotendonous structures without excessive palpation
- Expand the range of possibility of what move to use for which indication