Come join me on a journey beyond the physical. If you are one of the many Bowen Students who have heard rumors about this thing called distance Bowen, or even if you had tried it – whether it worked for you or not – this class will give you some basic steps to get you started on your journey in energy work.

Instructor: Sean Wolf, 408-457-1719 scw4c@yahoo.com

CE Credits: 16

Class Fee: $395 (+$75 annual fee for non-Bowenwork students who have not registered with American Bowen Academy within the past 12 months, and Bowenwork students/practitioners whose registrations have lapsed)

Note: Continuing education credits are only available to Bowenwork students and professional Bowenwork practitioners.

Prerequisites: None – open enrollment

A little about why I developed this class. I started doing bodywork with medical/clinical massage 15 years ago. I was of a very scientific mind and, in the beginning, only learned methods and techniques that could be explained by science. I was very much in line with western medicine beliefs.

One day at a massage convention, I was in the exhibitor area and saw this man calling people over and telling them not only what was wrong with them, but that it was correctable. As I stood there and watched, he would put someone through a range of motion then he would do a few flicks on them and ask them to repeat the range and, to everyone’s surprise, it improved. My initial thinking was that he had to be paying them, but he gave me enough of an explanation to pique my interest, so I took a class. That man was retired instructor, Kevin Minney, and the class was Bowenwork Module 1. That was over 10 years ago, and I will be eternally grateful to him for starting me on this journey.

During that first class, I was very impressed that such a small amount of work could release as much, if not more, than my deep tissue massage was doing. As I continued in my training and for a while after, I observed Bowenwork accomplish things that made me question how much our current science really knows about healing. For over six years now, I have been on a learning mission to find out about the things that mainstream science disregards, specifically energy work. In that time, other than Bowen courses, I have only taken courses (averaging over 100 hours a year) or read books that have to do with correcting energy patterns to “heal”.

This class is basically about the simplest methods you can use, not only with your Bowen sessions, but to help take your Bowen to a different level. We are not learning about acupuncture meridians or chakras in this class. This class is about learning to access universal energy to help
others and more importantly, yourself. You will learn how to assess your clients’ energy blockages and ways to help correct those blockages. If you don’t know what I am talking about, you will by the end of the class. Basically, it is the energy that we use to do a distance Bowen session. And guess what, this energy is scientifically proven!

This class is geared toward Bowenwork and Bowen practitioners but it is open to anyone with an interest in learning energy work.

**Aims**

If you already do some energy work, but would like to be more confident in its use or possibly learn some different tools to use it, then this class may be what you’re looking for.

**Specific Learning Outcomes:**

- Importance of a “healing” environment
- General energy protection
- Common ways of sensing energy
- Ways to develop those senses
- 4 tools to read and assess client energy
- 4 tools to help balance client energy including distance Bowen

**Additional Resource Readings**

The Synchronized Universe, New Science of the Paranormal. Claude Swanson

Life Force, The Scientific Basis. Claude Swanson

Matrix Energetics. Richard Bartlett

The Physics of Miracles. Richard Bartlett

Spontaneous Healing of Belief. Gregg Braden

Quantum Doctor. Amit Goswami, PhD

Science Set Free. Rupert Sheldrake

Source Field Investigations. David Wilcock

Chaoyi Fanhuan Qigong Healing. Master Yap Soon Yeong

Inner Vegas. Joe Gallenberger

E2. Pam Grout

Igniting the Sixth Sense. Eric Pepin
Meditation Within Eternity. Eric Pepin

Unleash your Psychic Powers. Embroswyn Tazuvel

Infinite Quest. John Edward

Gateway experience. Robert Monroe

Syncreation. Joe Gallenberger