



American Bowen Academy

Ethics for the Bowenwork Practitioner

Using the text

The Educated Heart

Professional Boundaries for Massage Therapists and Bodyworkers

An 8-hour course that satisfies the American Bowen Academy ethics requirement; it is approved for 8 hours of NCBTMB continuing education credit.

Instructors: Nancy Pierson, bowensource@yahoo.com, 512-750-4012;
Karin Twohig, twohigk@aol.com, 831-238-2228

Cost: Tuition \$120; includes the textbook

Prerequisites: none

Time Frame: Students can start at any time – before, during, or after Modules 1-7. Successful completion is required prior to issuance of the Professional Bowenwork Practitioner certificate provided the applicant has not had a bodywork ethics class within the last ten years.

Course Aims and Outcomes:

The Text

The Educated Heart demystifies the important issues of establishing professional relationships in manual therapies. The author uses humor, compassion, and humanity to present this complicated content in terms that are highly readable and engaging. The book includes real-life examples and practical solutions to dilemmas and sensitive situations that all bodyworkers face in their everyday practice.

Aims

This class was created specifically for the Bowenwork student and professional, grounding general ethics principles in specific Bowenwork situations, and in our professional code of ethics.

Specific Learning Outcomes:

By the end of this course, students will be familiar with:

- Boundaries
- Framework
- Transference
- Countertransference

- Power imbalances
- The power of words
- Sexual boundaries
- Financial boundaries
- Dual Relationships
- Scope of practice
- Boundaries and the internet

Course requirements and set-up: This course uses the text *Nina McIntosh's The Educated Heart*, by Laura Allen

Each chapter has an open-book, fill-in-the-blank quiz, on which an 80% grade must be obtained. Further, using the American Bowen Academy code of ethics, the student will give examples of scenarios in which the code of ethics will serve as a guide to appropriate behaviors. The quizzes for all chapters and the code of ethics will be emailed to the student upon enrollment.

Upon successful completion of the quizzes and the code of ethics scenarios, a link will be provided to a multiple-choice final exam, which will be given on an automatically-graded online platform, and on which a grade of 80% must be obtained.

Enrollment: Please send tuition to bowenvacations@ymail.com if using Paypal, and to Nancy Pierson, PO Box 553, Gentry AR 72734 if sending a check.