

# American Bowen Academy

## **Anatomy by the Modules A Guide for Navigating Classroom Nomenclature**

Instructor: Nancy Pierson 512-750-4012 bowensource@gmail.com  
CE Credits: 6 for the set, which counts toward the a&p requirement  
Cost: Contact instructor for current tuition  
Pre-requisites: None

- *Are you new to bodywork and want to become familiar with the anatomical terms that will be used in class?*
- *Are you a licensed bodyworker who took anatomy years ago, and would like a refresher on the basics of the anatomy that will be covered in class?*
- *Do you have so much background in anatomy that you feel it would be helpful to know what will be focused on in class?*

Then this on-line class is just what you need!

### **Course Aims and Outcomes:**

The student will come equipped to class to understand and use the nomenclature for anatomical terms, directions, and structures, so that mental space can be devoted to learning Bowenwork rather than to learning or feeling lost by anatomical language.

### ***Specific Learning Outcomes:***

From Anatomy by the Modules – A Guide for Navigating Classroom Nomenclature, the student will gain knowledge of and terms referring to:

- Planes of the body
- Anatomical position and directions
- The spine
- Muscles, bones, anatomical directions, and areas specific to each module, and to each procedure
- Bony landmarks specific to each module
- Terms for the breakdown of “the move”
- Select pathologies

Illustrations will support the text.

### **Classroom Structure**

Prior to each module, or set of modules, you will have access to the material for the upcoming module(s). You will read the material and take the quiz prior to coming to class. Each module takes about an hour to complete.

Purchasing the entire six modules up front is a \$60 investment. If you prefer to purchase Module 1 individually, Module 1, plus the glossary for the entire set, is \$15. Modules 2-6 could then be purchased together for \$60. Module 1 must be purchased if purchasing any of them, for there is information included that serves as a foundation for the later modules.

A quiz must be taken and passed in order to receive CE credit.

Contact Nancy Pierson at [bowensource@gmail.com](mailto:bowensource@gmail.com) or 512-750-4012.