

American Bowen Academy

Continuing Education Presentation

Outline

CLINICAL PRACTICE FOR BOWENWORK

(Level 1-12)

*The difference between ordinary and
extraordinary is practice. Vladimir
Horowitz*

Instructor: Tara Coblatt Coy, Portland, OR
asimplebalance@gmail.com **503-545-6248**

CE Credits: 8 or 16
Cost: \$215 or \$430

Pre-requisites: Module 1

I. Rationale:

Help qualified Bowen Students and Practitioners complete their 500-hour certificate. Apply their skills in a real work environment with supervision from an Instructor that has a full-time practice. Learn effective methods for retaining clients and attaining client goals. The structure of the course is for students/practitioners to run and maintain a sliding scale community Bowen clinic with multiple tables. (Accredited Massage schools require verification of log hours and case studies under the supervision of an instructor, only.)

Students can use clinical practices in between each module for the required log hours or case study hours. The practices further application skills after Module 7 -12 have been completed.

II. Presentation Aims and Outcomes:

Aims

This clinical practice will give the student the skills to be a successful practitioner in the field.

It will teach them how to run their own clinic, how to work with clients, how to get client return, and all the ins and outs of duty's in a full-time practice, such as laundry, room presentation, smells, etc.

Specific Learning Outcomes:

By the end of this presentation, participants will:

- learn to prepare and maintain a clinic for multiple Bowen sessions.

- review anatomy, refine Bowen skills and practice sequencing of procedures before and during the clinic.
- practice assessing a client in a real-world setting.
- gain critical thinking tools and application of current skills, to perform a quality Bowen session that will attain treatment goals.
- demonstrate the changes they facilitated at the end of the session.
- produce effective client return by educating their client and having a good bedside manner.
- develop good body mechanics while doing a Bowen session.
- build professional skills and confidence in creating their own personal practice

III. Presentation Requirements:

The test subjects I did a trial with were surprised with how much was involved in preparing a clinic, clean up, bedside manner, starting and ending a session. They appreciated getting to practice under supervision from a professional. All the students had an increase in self-esteem and confidence with practicing the procedures and working with the clients.

IV. Additional Resource Readings:

-none at this time, except using current manuals.

V. Time Allocation:

8 or 16 CE Hour Clinic Practice/Practical Application, 8:30am-5:30pm

8 hour Bowen Demonstration and Clinical Application:

Introductions	15 minutes
Overview of course	15 minutes
Prepare clinic for clients	20minutes
Break	10 minutes
Bowen procedures review, anatomy & technique demonstrations	60 minutes
Assessment strategies	30 minutes
Break	20 minutes
Instructor demonstrates full session/ strategy on first client	70 minutes
Lunch	60 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	10 minutes
Greet and do Intake with client	5 minutes

Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	20 minutes
Feedback and review with student/practitioner	30 minutes
Question and answer	20 minutes

8 hour Bowen Clinical Application:

Check In/Question and Answer	15 minutes
Overview of course	15 minutes
Prepare clinic for clients	20minutes
Break	10 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	10 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	10 minutes
Lunch	60 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations for after care	15 minutes
Clean	5 minutes
Break	20 minutes
Feedback and review with student/practioner	30 minutes

Question and answer 20 minutes

16 hour Bowen Demonstration and Clinical Application:

Introductions	15 minutes
Overview of course	15 minutes
Prepare clinic for clients	20minutes
Break	10 minutes
Bowen procedures review, anatomy & technique demonstrations	60 minutes
Assessment strategies	30 minutes
Break	20 minutes
Instructor demonstrates full session/ strategy on first client	70 minutes
Lunch	60 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	10 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	20 minutes
Feedback and review with student/ practitioner	30 minutes
Question and answer	20 minutes

16 hour Bowen Demonstration and Clinical Application continued:

Check In/Question and Answer	15 minutes
Overview of course	15 minutes
Prepare clinic for clients	20minutes
Break	10 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	10 minutes
Greet and do Intake with client	5 minutes

Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	10 minutes
Lunch	60 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations until next time	15 minutes
Clean and prepare for next client	5 minutes
Break	10 minutes
Greet and do Intake with client	5 minutes
Assess and develop treatment plan	15 minutes
Student/practitioner begin client sessions with Instructor feedback	40 minutes
Pay, reschedule and give recommendations for after care	15 minutes
Clean	5 minutes
Break	20 minutes
Feedback and review with student/practitioner	30 minutes
Question and answer	20 minutes