



Keeping in Touch

news & updates November 2022



When life becomes the two-minute

wait: For Bowenwork practitioners, moving to another city or state also means rebuilding the business and clientele. Practitioner and Associate Instructor Heather Boyle describes how the Bowenwork model empowered her to take pause and care for herself as she moved through this difficult transition. [Read More](#)



Chest Procedure self-help video:

Oftentimes we know that a take-home, self-help exercise or procedure would help our clients, but we don't have any easy, memorable way to convey what we want them to do. This video of the Chest Procedure from Bowen India is available as a resource to put up on your website or send to your clients. Just click on the play button to watch.

Call for success stories: Share your excitement! The ABA is looking for testimonials to share in the newsletter, on social media, and on our website. Send us your every day "wins," feedback from clients, or signs from your sessions that let you know Bowenwork works. Long or short, we want to hear it all! Please send submissions to leahrberger@gmail.com

CE classes beginning soon: These fixed-date classes are shown with the number of hours earned. For more information, click on the class names. (Classes that can begin at any time are listed [here](#))

[Distance Bowenwork](#). Online. Ongoing, 8 CE hrs

[Ethics for the Bowenwork Practitioner](#). Online. Ongoing, 8 CE hrs

[Anatomy by the Modules](#). Online. Ongoing, 6 CE hrs

[Deep Anatomy of SP2 Part 1 Iliacus Release, Gluteal Release, Adductor Magnus Release](#). Online. Ongoing, 3 CE hrs

[Anatomy and Physiology for Bowenworkers](#). Online. Ongoing, 120 CE hrs

[Workplace Hygiene Health and Safety](#). Online. Ongoing, 6 CE hrs

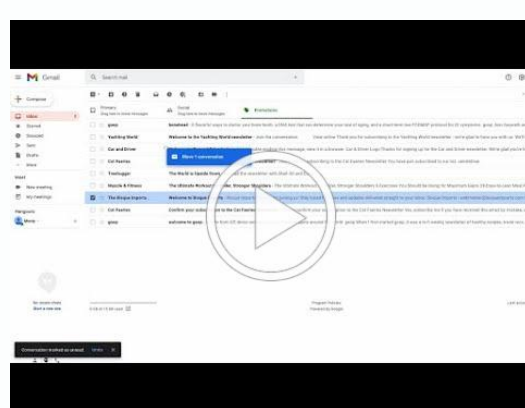
[Fascia, What it is and Why it Matters](#). Online. Jan 7th-March 12th, 2023. 80 CE hrs (16 hrs toward 32 hr requirement, remainder toward 500 hr requirement)

[The Lymphatic System and Bowenwork](#). Online. Jan 7th-Feb 5th, 2023. 16 CE hrs

[The Core: Diastasis Recti, Hernia, and Prolapse](#). Online. Jan 14th-Feb 26th, 2023. 24 CE hrs

Please note that this video uses the older name of the procedure, the "Breast Procedure".

If any reader has or is willing to make a non-branded professional-looking video of any other self-help move or exercise for the use of all practitioners, please let us know.



Having trouble finding emails from the ABA in your inbox? Click on the short video above to learn how to make sure you don't have to search for this newsletter and ABA emails anymore.

CLASSES scheduled now

This website page, updated twice each month, shows how many of each type of class are currently scheduled. Click [here](#) to see **all** of your current options on a single page ... and then read their syllabi.

MILESTONES practitioners, students

We post the names of practitioners who have earned certificates. We will also report briefly on outreach efforts that you tell us about (hint hint). Click [here](#) to see the latest. We plan on adding images soon.

PRODUCTS Bowenwork-related

Many practitioners find products here that are effective in promoting their Bowenwork practices, e.g., the small Wilks book and the Academy brochure. To find these and other products, click [here](#).

The opinions expressed in *Keeping in Touch* are those of the authors, not of American Bowen Academy.

U S Bowen Registry, Inc., dba American Bowen Academy | 1717 N Nevada Way | Mesa, AZ 85203 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!