



Distance Bowenwork for Dental Trauma



by Darcy Cunningham, who lives and practices Bowenwork and Yoga Therapy in North Yarmouth, Maine

A client whom I've seen in person but have done mostly remote or distance sessions on has a history of dental trauma spanning many years. She has few teeth remaining on her lower left side, with a bridge from her canine back to a rotten molar. In late October the dentist removed the failed two-year-old bridge and scraped some of the decay, but the whole tooth was rotten. He then referred her to a surgeon to remove the rest of the tooth. By about a week post-bridge removal she was back in severe pain due to the rotted and exposed root while she awaited an appointment with the surgeon.

The infection and pain grew relentlessly. She was on a 100% pureed diet for more than two months. Her balance and stamina suffered due to the relationship between the temporal mandibular joint and the pelvis and feet. Having nothing to bite down on imbalances the body from the atlanto-occipital joint (C1) downward. By mid-December, she was bedridden with pain and dizziness.

Since she had done remote Bowenwork with me before, I set up a "bank" with BRMs and UR/TMJ. (A "bank" allows her to "download" the session when she is sleeping, for example, and to return to it multiple times.) This approach brought some relief and she could be upright for more time, though she was still weak... [Click Here to Read More](#)

Promote Yourself and Your Bowenwork Business

To help support and promote students and practitioners, the ABA marketing team is asking for content to include in our newsletter and social media posts. We have increased efforts

to spread the word about the great work being done by our members through social media and have been highlighting your stories in our newsletter. We encourage your participation in this effort by sharing news of what is happening in your clinics and in your local community.

We welcome photographs, stories, or short videos of:

- Successes
- Interviews
- Lessons learned
- Client testimonials
- Business strategies
- Anything else you think your community would find of interest

Appropriate photos and videos will be shared on social media; written stories will be considered for the newsletter.

Guidelines for content:

- Videos should have pleasing backgrounds, lighting, and sound quality.
- Language should reflect our scope of practice. For example, do not use words such as diagnose, treat, therapist, or patient.
- Videos should be 2 minutes or less.
- Any photo or video should have the client dressed.
- Any photos or videos of clients or students must have consent to use.
- Photos should be accompanied by a succinct narrative.
- If you are speaking in the video, consider including "Everybody is better with Bowenwork" at the end.

You may include your business information and the link to your personal website for us to include when posting on social media.

Submit content to: bowenworkmarketing@gmail.com



"These Two Hands" Awarded Best Docudrama at Los Angeles Film Awards

Produced and directed by Sean Dobra of Starmax, the Australian film also won Best Documentary at the Cosmic Film Festival in 2022. **Click on the image to the left to watch Sean's message to the Bowenwork community after receiving the award.**

To learn more about the film and share its progress, follow these links on social media:

facebook.com/bowentherapydocumentary
instagram.com/bowentherapydocumentary
youtube.com/@BowenTherapy

These fixed-date classes are shown with the number of hours earned. For more information, click on the class names. (Classes that can begin at any time are listed [here](#))

[Distance Bowenwork](#). Online.

Ongoing, 8 CE hrs

[Ethics for the Bowenwork](#)

[Practitioner](#). Online. Ongoing, 8 CE hrs

[Anatomy by the Modules](#). Online.

Ongoing, 6 CE hrs

[Deep Anatomy of SP2 Part 1](#)

[Iliacus Release, Gluteal Release,](#)

[Adductor Magnus Release](#). Online.

Ongoing, 3 CE hrs

[Anatomy and Physiology for](#)

[Bowenworkers](#). Online. Ongoing,

120 CE hrs

[Workplace Hygiene Health and](#)

[Safety](#). Online. Ongoing. 6 CE hrs

[Bowenwork and the Vagus Nerve](#)

Feb 25th, 2023, 9 AM-1 PM.

Roseville, CA. 4 CE hrs.

[Bowenwork for Persistent Pain](#)

Feb 25, 2023, 2-6 PM. Roseville,

CA.

4 CE Hrs.

[Bowenwork for People Living with](#)

[Cancer](#) Feb 26, 2023, 9 AM - 6 PM.

Roseville, CA. 8 CE hrs.

[Dynamic Fascial Assessment](#) May

1st-2nd, 2023, 9 AM- 6 PM. Portland,

OR. 16 CE hrs.

What students are saying:

Bowenwork and the Vagus Nerve:

"The fresh perspective helping to make moves more intentional based on the specific need of the client. Less is best and very impactful! The connection between the Vagus Nerve and the immunity was an aha moment!"

Bowenwork for Persistent Pain:

"The class was very detailed on how the body responds to pain and the wealth of benefits to having Bowenwork done. I love that Sandra gives you resources and explanations that you can use when talking to a client about their pain."

Bowenwork for People Living with Cancer:

"There were so many helpful tips on positioning, minimal work, references to educate our clients and community, and tying in the influences of the Vagus nerve as well as Lymphatic support."



Bowen & 80/20 Meetups with Andrea Jones:

Would you like to be a model of Bowenwork and the 80/20 for your clients? Would you like to resource your clients with a lender library of free ways to implement the program of healing foods that support Bowenwork best? Would you like to learn the latest studies in nutritional psychology, glycobiology, and the reversal and prevention of chronic illness?

All practitioners are invited to learn together at the "Bowen & 80/20" meetups held by video.

Send an email to Andrea@BowenUS.com to reserve your spot/get your meeting recap video and resource email.

CLASSES

scheduled now

Click [here](#) to use our Find a Class tool. Search by the class you want or your favorite instructor, or search by dates or even by state to find the latest listings of classes available.

MILESTONES

practitioners, students

We post the names of practitioners who have earned certificates. Click [here](#) to see the latest achievements

PRODUCTS

Bowenwork-related

Find products here that are effective in promoting their Bowenwork practices. To find these or to pay your annual administrative fee, click [here](#).

The opinions expressed in *Keeping in Touch* are those of the authors, not of American Bowen Academy.

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