



American **Bowen** Academy™

Keeping in Touch

news & updates March 2025



Click on the image above to learn about practitioner Lindsey Frazier's journey with Bowenwork. (Video time is 3.5 minutes.)

"I absolutely love Bowenwork. I have seen what I can only call miraculous results form Bowenwork unlike any other work I do (massage therapy and Reiki). I see the way that Bowenwork can change people's lives every week. I recently had a client who has severe scoliosis who has been living with 6/10 pain for years and we literally got it down to 0/10 in the first session and we have kept it down to zero for MONTHS with just once-a-month Bowenwork. I mean, c'mon. This stuff WORKS. Period!" ~ Lindsey Frazier

**FREE QUARTERLY ONLINE
PRACTITIONER/INSTRUCTOR DIALOGS**

2025

January	February	March	April
Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
May	June	July	August
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September	October	November	December
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The academy is now hosting free quarterly video Q & A dialogs. The first of these meetings was held on January 16th.

The next dialog will be held on April 17, 2025 at 7 PM CDT. All sessions are recorded. Current ABA members who are unable to join and would like to watch past recordings can email Steven: usbr.bowtech@gmail.com

Have a Question?

Click on the button below to submit any questions or topics that pique your curiosity so that we can be sure that if your question is specialized, we have an instructor present who can best address the subject.

Looking forward to seeing you then!

SUBMIT
QUESTIONS
HERE

CE Classes: Online and In-Person

For more information and to register, click on the [blue](#) titles.

In-Person:

[Module 8](#) Gentry, AR.

April 10-11, 9 am- 6 pm. 16 CE hrs.

[Module 8](#) Highland, UT. April 16-17, 9 am- 6 pm. 16 CE hrs.

[Module 9/SP1/Module 10 Review and Assessment](#) Gentry, AR. April 12-13, 9 am -6 pm. 16 CE hrs.

[Module 11/SP2/Module 12 Review and Assessment](#) Carmel, CA. April 5 - 6, 9 am- 6 pm. 16 CE hrs. contact: TwohigK@aol.com

[Module 11/SP2/ Module 12 Review and Assessment](#) Gentry, AR. April 14-15, 9 am-6 pm. 16 CE hrs.

[Module 9/SP1/Module 10 Review and Assessment](#) Highland, UT April 18-19,

Do you want to get paid for doing your own marketing?

[Associate Instructor Training May 23-26, Gentry Arkansas](#)

American Bowen Academy invites confident, capable, and vital practitioners to join the associate instructor training program in a supportive environment where you will be encouraged to discover your authentic position among distinguished instructors.

An associate instructor is a practitioner who, having completed the Associate Instructor training, is eligible to teach to the public the four-hour class titled Bowenwork: An Introduction to Wellness in Your Hands. As an associate instructor you will be teaching the lower back and upper back stoppers, supine Respiratory, Knee 1-4, and Neck 5&6.

We are calling for practitioners who stood out to their peers and

9 am- 6 pm. 16 CE hrs.

Module 9/SP1 Roseville, CA. April 26- 27, 2025, 9 am- 6 pm

The Pelvis Chris Reed will be in the US in September 2025 to teach his workshop, "The Pelvis."

Sept 10-11 Portland, OR.

Sept 13-14, Carmel CA.

Sept 17-18 Gentry, AR.

Sept 20-21 Durham, NH.

Chris is a trainer with Bowen Training Australia and has been teaching since 2004. Tuition is \$500 for ABA members. To pay deposit please Contact Steven @ usbr.bowtech@gmail.com. For more information, see section below.

Online:

These online classes can be started anytime. For more information, click on the class names.

Anatomy by the Modules

Online. Ongoing 6 CE hrs.

Anatomy and Physiology for Bowenworkers

Home Study. Ongoing, 120 CE hrs. Contact: bowensource@yahoo.com

Bowenwork for the Childbearing Year Part 2, First Trimester

Online. March 8, - April 13. 32 CE hrs granted for each class/part, all applied to the 500-hour designation. 24 hours applied to the current CE period. Contact: midwifesong@gmail.com

Business Skills for a Successful Bowenwork Practice

Online, Ongoing. 16 CE hrs. Contact: bwnwk4lf@sonic.net

Deep Anatomy of SP2 Part 1 Iliac Release, Gluteal Release, Adductor Magnus Release

Online. Ongoing, 3 CE hrs.

instructors during their training; practitioners with impeccable boundaries and ethical behavior; practitioners with the vitality and presence to keep a class interested and learning; practitioners who are confident with their performance of the basic work; practitioners who embody Tom Bowen's philosophy and methodology.

Why Become an Associate Instructor?

- We love the work and want to help it grow
- It is the next step in our professional development
- To market our clinical practice and foster a well-informed client base
- We become more technically proficient
- We stretch our personality and learn to relate to all sorts of people
- For the income
- For fun

Investment

- \$900 – 4 days
- \$300 deposit to indicate commitment and hold your space
- \$600 due 22 days prior to class
- Payment made within 22 days of class, \$50 additional fee

Return on Your Investment

- 32 CE hours credit with ABA; 16 CE hours credit with other CE partners
- Practitioner Days A&B built into the training (\$450 value)
- 10 free Intro-class manuals – teach 10 students, make \$950 immediately

Prerequisites

- Completion of Module 9
- At least five clients seen per week, doing Bowenwork not mixed with any other modality
- Legal to practice Bowenwork in your state
- An application submitted and accepted

Distance Bowenwork Online.
Ongoing, 8 CE hrs.

Ethics for the Bowenwork Practitioner Online. Ongoing, 8 CE hrs.

Marketing Your Practice: Tips and Strategies to Increase Your Client Base Online, Ongoing. 16 CE hrs.

Workplace Hygiene Health and Safety Online. Ongoing, 6 CE hrs.

STAY TUNED!
Introduction to Small Animal Bowen This online course will be available soon!

Link not working?

We ask for patience during our website conversion. If there is no working link to a listed class, please contact the instructor or the administrator at usadmin@americanbowen.academy
Thank you!

Please ask Steven:
usbr.bowtech@gmail.com for an application, or contact Karin and Nancy: bowenvacations@ymail.com.



An Introduction to Wellness In Your Hands

Associate Instructor Stefanie Dwyer with students Ana, Amber, Lisa and Jordan in Rogers, Arkansas, February 12, 2025.

Please note: Following the lead of Bowen Therapy Association of Australia and Bowen Training Australia, American Bowen Academy will not be granting CE hours for the Bowen Wellness Summit.

Reserve Your Spot!



Click on the video above to learn more about the upcoming CE course, The Pelvis.

Reserve Your Spot

September 2025:

Australian Instructor Chris Reed Brings His Course on The Pelvis

Sept 10-11 Portland, OR.
Sept 13-14 Carmel CA.
Sept 17-18 Gentry, AR.
Sept 20-21 Durham, NH.

ABA Member \$500 (\$75 deposit)
Non-Member \$550 (\$125 deposit)



Modules 1 & 2, Charleston South Carolina Top left to right: Wendy Edgin, Dani Schroeder, Ashley Blinson, Hillary Sabbato, Rachel Drees. Bottom left to right: Katie Edwards, Instructor Cobalt Coy, Sara Tavares.

PRACTITIONER MILESTONES DECEMBER 2024- FEBRUARY 2025 **Congratulations on Your Achievement !**

Practitioner Certificate

Susan Smith, CA
Rebekah Scher, CA
Jennifer Paradise, NH
Gryta Van Dyke, ME
Gayle Barstow, ME
Luna Walker, OR
Brooke Crawford, OR
Nancy Osmond, UT
Teresa Noack, AZ
Phaedra Bota, ID

SP-1 Certificate

Wendy Johnson, UT
Wendy Clare, CA
Lisa Faust, CA
Dharam Medina, CO

SP-2 Certificate

Rachael Williams, CA
Irmgard Byrd, CA



[View Bowenwear Unisex](#)

BOWENWEAR UNISEX T-SHIRT

\$26.00 - \$30.00

CHECK OUT BOWENWEAR!

Cool, thoughtful, promotional gear from Christina Barrows, a Bowenwork practitioner from the New Hampshire seacoast. Also available: hoodies, vests, totes, water bottles and long-sleeved T's.

[Click Here for More Bowenwear!](#)



American Bowen Academy™

where gentle touch fosters profound healing



The opinions expressed in *Keeping in Touch* are those of the authors, not the American Bowen Academy.

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