



Keeping in Touch

news & updates May 2025



Back to Basics, with Collin Froman

Collin recently moved from Big Spring, Texas, to Weatherford, Texas. He is working on building up clientele in the Dallas/Fort Worth and Weatherford areas. He plans to travel to his clients' homes in all three areas until he has enough clientele to have an office space.

During the April online Q & A, Collin shared this story:

I had a client with a muscular disorder that was causing her to lose her voice. The doctor said that there was nothing they could do to reverse it, and that she would eventually completely lose the ability to speak. The first time I worked on her, her voice was super raspy and she could barely talk. I did the BRMs and Knee Procedure in the first session for a knee issue she had. By the next week her voice had some improvement. Then, in the second session, I did BRMs and UR/TMJ. The next time I saw her (a few months later), her voice had fully restored. Her doctor was amazed!

When I feel unsure about how to proceed with a client, my first thought is always to go back to the basics—the BRMs. I believe that most problems can be either resolved, or greatly reduced, by just giving the body the balance and relaxation that it needs!

"My vision for Bowenwork is to see it as a household name—when people have an issue come up, their first thought isn't the medicine cabinet, but to call their local Bowenwork practitioner."

"I look forward to the day when everyone lives within an hour of a Bowenwork practitioner."

**FREE QUARTERLY ONLINE
PRACTITIONER/INSTRUCTOR DIALOGS**

2025

January	February	March	April
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Have a Question?

Click on the button below to submit any questions or topics that pique your curiosity so that we can be sure that if your question is specialized, we have an instructor present who can best address the subject.

Looking forward to seeing you then!

SUBMIT
QUESTIONS
HERE

The academy is now hosting free quarterly video Q & A dialogs! The next dialog will be held **THURSDAY, JULY 10th at 7 PM CDT**. All sessions are recorded. Current ABA members who are unable to join and would like to watch past recordings can email Steven: usbr.bowtech@gmail.com

CE Classes: Online and In-Person

For more information and to register, click on the [blue](#) titles.

In-Person:

Module 8 Roseville, CA. May 12th and 18th, 9 am- 6 pm. 16 CE hrs

Module 8 Helena, MT. June 26-27, 9 am- 6 pm. 16 CE hrs

Module 11/12/SP2 Roseville, CA. June 21-22, 9 am- 6 pm. 16 CE hrs.

Module 9/10/SP1
Helena, MT. June 28-29, 9 am- 6 pm. 16 CE hrs.

Module 11/12/SP2 Salt Lake City, UT. September 29-30, 16 CE hrs.
karintwohig@gmail.com

Bowenwork and the Vagus Nerve System Roseville, CA.
August 23, 4 CE hrs.

Bowenwork for Persistent Pain
Roseville, CA. August 23, 4 CE hrs.



Do you want to get paid for doing your own marketing?

Associate Instructor Training May 23-26, Gentry Arkansas
American Bowen Academy invites confident, capable, and vital practitioners to join the associate instructor training program in a supportive environment where you will be encouraged to discover your authentic position among distinguished instructors.

An associate instructor is a practitioner who, having completed

Bowenwork for People Living with Cancer Roseville, CA. August 24, 8 CE hrs.

The Pelvis Chris Reed will be in the US in September 2025 to teach his workshop, "The Pelvis."

Sept 10-11 Portland, OR.
Sept 13-14, Carmel CA.
Sept 17-18 Gentry, AR.
Sept 20-21 Durham, NH.

Chris is a trainer with Bowen Training Australia and has been teaching since 2004. Tuition is \$500 for ABA members. To pay deposit please Contact Steven @ usbr.bowtech@gmail.com. For more information, see section below.

Online:

These online classes can be started anytime. For more information, click on the class names.

Anatomy by the Modules

Online. Ongoing 6 CE hrs.

Anatomy and Physiology for Bowenworkers

Home Study.
Ongoing, 120 CE hrs. Contact: bowensource@yahoo.com

Bowenwork for the Childbearing Year Condensed Course

Online. June 14 - August 3. 36 CE hrs applied to the 2-year certification period; 48 CE hours applied to the 500-hour designation. Contact: midwifesong@gmail.com

Bowenwork for Childbearing Part 1: Pre-pregnancy and Early Pregnancy

Online. July 12 - August 17. 36 CE hrs applied to the 2-year certification period; 48 CE hours applied to the 500-hour designation. Contact: midwifesong@gmail.com

Bowenwork for Childbearing Part 3: Second Trimester

Online. July 12 - August 17. 36 CE hrs applied to the 2-year certification

the Associate Instructor training, is eligible to teach to the public the four-hour class titled Bowenwork: An Introduction to Wellness in Your Hands. As an associate instructor you will be teaching the lower back and upper back stoppers, supine Respiratory, Knee 1-4, and Neck 5&6.

We are calling for practitioners who stood out to their peers and instructors during their training; practitioners with impeccable boundaries and ethical behavior; practitioners with the vitality and presence to keep a class interested and learning; practitioners who are confident with their performance of the basic work; practitioners who embody Tom Bowen's philosophy and methodology.

Why Become an Associate Instructor?

- We love the work and want to help it grow
- It is the next step in our professional development
- To market our clinical practice and foster a well-informed client base
- We become more technically proficient
- We stretch our personality and learn to relate to all sorts of people
- For the income
- For fun

Investment

- \$900 – 4 days
- \$300 deposit to indicate commitment and hold your space
- \$600 due 22 days prior to class
- Payment made within 22 days of class, \$50 additional fee

Return on Your Investment

- 32 CE hours credit with ABA; 16 CE hours credit with other CE partners
- Practitioner Days A&B built into the training (\$450 value)
- 10 free Intro-class manuals – teach 10 students, make \$950 immediately

period; 48 CE hours applied to the 500-hour designation. Contact: midwifesong@gmail.com

Business Skills for a Successful Bowenwork Practice

Online, Ongoing. 16 CE hrs. Contact: bwnwk4lf@sonic.net

Deep Anatomy of SP2 Part 1 Iliacus Release, Gluteal Release, Adductor Magnus Release

Online. Ongoing, 3 CE hrs.

Distance Bowenwork Online. Ongoing, 8 CE hrs.

Ethics for the Bowenwork Practitioner

Online. Ongoing, 8 CE hrs.

Marketing Your Practice: Tips and Strategies to Increase Your Client Base

Online, Ongoing. 16 CE hrs.

Workplace Hygiene Health and Safety.

Online. Ongoing, 6 CE hrs.

Prerequisites

- Completion of Module 9
- At least five clients seen per week, doing Bowenwork not mixed with any other modality
- Legal to practice Bowenwork in your state
- An application submitted and accepted

Please ask Steven:

usbr.bowtech@gmail.com for an application, or contact Karin and Nancy: bowenvacations@ymail.com.

STAY TUNED!

Introduction to Small Animal Bowen

This online course will be available soon!

Link not working?

We ask for patience during our website conversion. If there is no working link to a listed class, please contact the instructor or the administrator at usadmin@americanbowen.academy
Thank you!

Reserve Your Spot!



Click on the video above to learn more about the upcoming CE course, The Pelvis.

Reserve Your Spot

September 2025:

Australian Instructor Chris Reed Brings His Course on The Pelvis

Sept 10-11 Portland, OR.

Sept 13-14 Carmel CA.

Sept 17-18 Gentry, AR.

Sept 20-21 Durham, NH.

ABA Member \$500 (\$75 deposit)

Non-Member \$550 (\$125 deposit)

Tissue Memory and the Living Matrix

-by Karin Twohig, Instructor,
who lives and practices in
Carmel, CA.



Karin on Lake Superior.

In biophysics and cell biology, scientists now recognize a highly sophisticated and interconnected energetic continuum called a “cellular matrix” or “living matrix,” according to the research of Dr. James L. Oschman. Oschman, the author of *Energy Medicine: The Scientific Basis*, indicates that the living matrix not only communicates within and outside the body’s system, but also stores information, in what he calls tissue memory. Embryology suggests that this communication network in the body may involve alignment of molecules along lines of force of electric or magnetic fields present in the embryo.

The concept of tissue memory says that the body’s cells can retain memories of trauma, including the emotional environment present for the person around the time of the trauma. These memories are explicitly stored in the tissues, not the central nervous system. This explains why people receiving organ transplants can have vivid dreams about events that happened to the donor.

Another example is a person involved in a collision, fearfully anticipating the imminent impact. It would not be unusual for this person to re-experience fear when being “treated” in the area of the body that was physically hurt in the accident, even years after the accident.

In Traditional Chinese Medicine, “life energy” or “chi,” must flow freely throughout the body to assure maximum health. Traditional Chinese Medicine suggests that certain emotions are stored in different organs: fear in the kidneys, anger in the liver, joy and sadness in the heart, and grief in the lungs. Several of my clients came to me with low back pain after 9/11. I noticed that the pain was related to a contraction in the kidneys for most of them.

An energetic force enters the body when a person is injured physically or emotionally. When unable to dissipate the energy of the physical injury or the emotional impact, the body will retain it. To minimize disruption, the energy is walled off into an “energy cyst,” a term coined by Dr. Elmer Green. The contained “chaos” does not blend well with the body’s energy system and requires energy input to be maintained.

I believe that physical, emotional, or toxic trauma creates these energy cysts, causing disturbance in the energy field, affecting the living matrix, and causing gaps in this internal communication system, resulting in “dis-ease.” The “energy cyst” can lead to compensations inhibiting normal body functions, affecting the structure, and causing acute or chronic pain.

The living matrix gives the body its overall shape and features, defines the form of each organ, tissue, and cell, and extends into every part of the organism. The most exciting property of the living matrix is the capacity for the entire network to generate and conduct vibrations throughout the body. The totality of these vibrations is what we refer to as “consciousness.” The living matrix retains a record or memory of the influences exerted upon it, so when vibrations pass through tissue, they are altered by the stored information.

In this way, our consciousness and our choices are influenced by memories stored in soft tissue. The living matrix can regenerate or restore itself, and Bowenwork, among other forms of bodywork, facilitates this process.

Practitioner Milestones

Congratulations on your achievement !

Professional Practitioner

Susan Catherine Smith - California
Carrie Keen - Utah

Specialized Procedures 1 (Advanced Practitioner)

Mary Lowry - Missouri
Regan Luithy - California
Erin Shimp - Oregon

Specialized Procedures 2 (Master Practitioner)

Diana Green - Texas
Skylar Bennie - Texas



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BOWENWEAR UNISEX T-SHIRT

\$26.00 - \$30.00

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Cool, thoughtful, promotional gear from Christina Barrows, a Bowenwork practitioner from the New Hampshire seacoast. Also available: hoodies, vests, totes, water bottles and long-sleeved T's.

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where gentle touch fosters profound healing



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