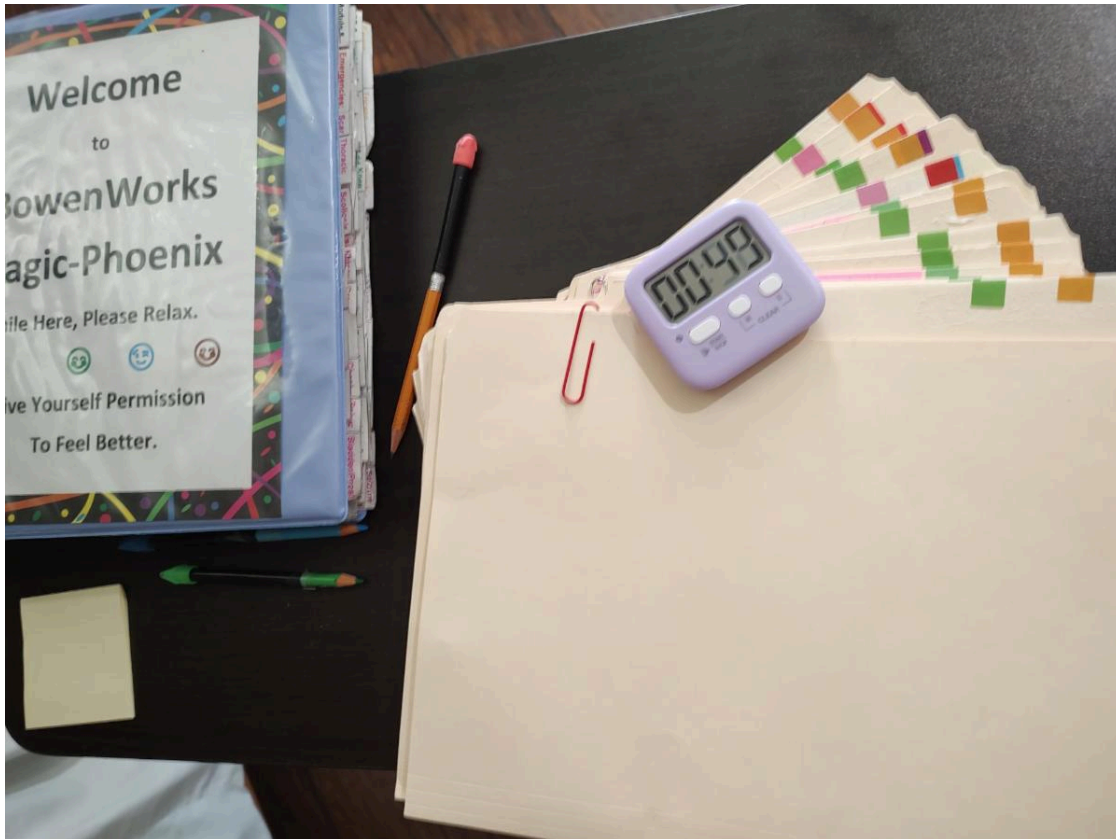




Keeping in Touch

news & updates April 2026



Charts for three days. Photo by Maggie Ralls.

Bowenwork Success: How Did It Happen?

~by Maggie Ralls, BSN, RN, Bowenwork Instructor and Trainee, who lives and practices in Glendale, AZ.

On February 16, 2026, I had ten clients. This is a first for me. Typically, I average five to seven clients daily on Mondays, Wednesdays, Fridays, and Saturdays. Lately, I've been working on Tuesdays and Thursdays, or working later and seeing more people on my regular working days. February also marks the month of my clinic's opening in 2022. January 2026 was my highest-grossing month and my second-highest number of clients: I saw 87 people. I've raised my prices three times in four years, and I will again in May, in anticipation of receiving my Mods 1-6 Instructor Certification. I credit my

success to my wish to do the best I can and make my instructor, Nancy Pierson; Thomas Bowen; and Ozzie and Elaine Rentsch proud.

For the first two years, I regularly checked my manuals and notes as I performed each set of moves, even the BRMs. I wanted to do right by those clients who entrusted me with their healing care. As I've taken more classes, I have done my best to leave my ego at the door, letting my humility lead me to learn the nuances of the moves at my own pace. With this approach, I feel the moves more intensely and can perform them better over time.

I read Bowen Hands and Keeping in Touch, absorbing tidbits of information shared by others. I've taken several classes to expand my knowledge. There is so much to learn! I know all of this information helps me be a better practitioner.

My success is not just from learning, training, and applying it to clients. Everyone practicing Bowenwork would be doing really well, and Bowenwork would be much more well-known and sought after, if this were the case. I seem to be doing something different for my success. I am quite enthusiastic about this modality, having watched so many incredible things it can do. I think what I am doing differently is *teaching my clients while I work on them*.

I ask my clients if they would like me to share information about what I am doing and how it may help, or give them complete quiet throughout the session. I tend to do this explanatory teaching during the first session more than in later ones. 19 out of 20 clients say they appreciate that I am sharing what I'm doing, why moves are important, and I'm seeing how it will influence their body, their mind, or both. Clients also say they like my resonating, soft, melodious voice—that it is soothing and makes them feel safe. I've heard: "Finally, someone seems to care about me and tells me what is going on." They say they like being a part of the process of their healing, knowing they are not just clients on the table, but that they matter. I also play very soft, background, relaxation sounds during sessions to drown out the washer, dryer, random sounds, and conversations that may be occurring elsewhere in the house/clinic.

Finally, I learned from my work in the medical world that people like to take something home from an appointment. When they pay for a doctor's visit or a Bowenwork session, they want something tangible from it. When they hold a half-sheet of paper with the Pelvic Exercise or sheets explaining the TMJ procedure, and information to assist with healing the jaw, they look as if they are receiving something precious. It seems to say, "I care enough to help you get well with these also, not just with a session."

We practitioners have so much insight and knowledge. When we apply it and share it with clients, they want to tell others how and where to go, because they DO feel better again.

**FREE QUARTERLY
ONLINE PRACTITIONER
DIALOG**

**THURSDAY, APRIL 23RD
7PM CENTRAL TIME**

All sessions are recorded. Current ABA members who are unable to join and would like to watch past recordings can email Steven:

usbr.bowtech@gmail.com

2026							APRIL
SUN	MON	TUE	WED	THU	FRI	SAT	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

Session Link

CE Classes: Online and In-Person APRIL - AUGUST 2026

*For more information and to register, click on the **blue** class titles, or contact via the email provided.*

IN-PERSON:

Module 8 Gentry, AR. April 16-17, 9 am-6 pm, 16 CE hrs.

Module 9/10/SP1 Gentry, AR. April 18-19, 9 am-6 pm, 16 CE hrs.

Module 11/12/SP2 Gentry, AR. April 20-21, 9 am-6 pm, 16 CE hrs.

Equine Bowen Level 1 Chester, NH. April 23-26, 12:30 pm -6 pm, 9 am -6 pm, 24 CE hrs

Equine Bowen Level 1 Mill Spring, NC. May 7- 10, 9 am -5 pm, 24 CE hrs

Equine Bowen Level 1 Brainerd, MN. June 4-7, 9 am -5 pm, 24 CE hrs

Module 8 Roseville, CA. June 13-14, 9 am-6 pm, 16 CE hrs.

ONLINE:

These online classes can be started anytime:

Anatomy by the Modules

Online. Ongoing 6 CE hrs.

Anatomy and Physiology for Bowenworkers Online. Ongoing, 120 CE hrs. Contact: bowensource@yahoo.com

Business Skills for a Successful Bowenwork Practice Online, Ongoing. 16 CE hrs. Contact: bwnwk4lf@sonic.net

Deep Anatomy of SP2 Part 1 Iliacus Release, Gluteal Release, Adductor Magnus Release Online. Ongoing, 3 CE hrs.

Distance Bowenwork Online. Ongoing, 8 CE hrs.

Ethics for the Bowenwork Practitioner Online. Ongoing, 8 CE hrs.

Module 9/10/SP1 Roseville, CA.
August 15-16, 9 am-6 pm, 16 CE hrs

Link not working?

We ask for patience during our website conversion. If there is no working link to a listed class, please contact the instructor or the administrator at usadmin@americanbowen.academy
Thank you!

Marketing Your Practice: Tips and Strategies to Increase Your Client Base Online, Ongoing. 16 CE hrs.

Workplace Hygiene Health and Safety Online. Ongoing, 6 CE hrs.

Small Animal Bowen Online, Ongoing, 12 CE hrs. Contact: Solidago.michelle@gmail.com

Why Reviewing a Class Matters



SP2, Vancouver WA Front: Alisha Johnson, Julie Lines, Erin Shimp. Back: Nick Malmstrom, instructors Karin Twohig and Nancy Pierson, Angel Keyes, Tara Johnson. Quite a few of the students were reviewing the class. Some comments about reviewing are below:

"Always a pleasure being with other practitioners and gaining knowledge from their experiences. To feel the moves on myself is a great reminder of what others feel when on the table. Repeating SP1 and SP2 classes I highly recommend. There are things you may miss the first time around. Second time you've had time to practice them and when you retake the class you refine moves. I learned hand positions that are more effective when doing the procedures and was able to feel the difference on myself, practiced them on others in the class, and got great feedback from everyone. Having Nancy and

Karin right there for help and any questions we had was a great blessing. Thank you everyone. Till we meet again."

~Angel Keyes

"After doing almost all the procedures from SP1 and 2 regularly for many years, coming to the review class helped me refine my location and direction of certain moves and I even learned a few new moves that Nancy and Karin have discovered and were willing to share. I was also able to connect with other great practitioners, receiving much needed Bowenwork for my issues.

Thank you all who worked on me and taught me so much!"

~Nick Malmstrom

"Repeating SP2 was a great experience. The refining of my technique was so impactful and reignited my passion for why I do this. To work 1 on 1 with the knowledge and expertise of Nancy and Karin is a phenomenal experience. I am so thankful I repeated SP2!!!"

~Tara Johnson

Signs of Bowenwork Joy



Intro Class, Rogers Arkansas Stefanie Dwyer, Associate Instructor, is in the middle, back row. The next Associate Instructor training will be October 14-17 in Highland, UT. Contact Steven for an application.



Mods 3 & 4, February 2026, Mesa, AZ. Melissa 'Lissa' Cuellar, practicing prone Respiratory on volunteer, Sydney. Photo by Maggie Ralls, Instructor trainee

MLESTONES

Congratulations on your achievement!

Professional Practitioner
Rebecca Sanker PA

Master Practitioner (SP-2)
Angel Keyes OR
Erin Shimp OR
Alisha Johnson OR
Regan Luithly CA
Dharam Medina CA



American Bowen Academy™

where gentle touch fosters profound healing



The opinions expressed in *Keeping in Touch* are those of the authors, not the American Bowen Academy.

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