

Associate Instructor Training

An associate instructor is a practitioner who, having completed the Associate Instructor training, is eligible to teach to the public the four-hour class titled Bowenwork: An Introduction to Wellness in Your Hands. As an associate instructor you will be teaching the lower back and upper back stoppers, supine Respiratory, Knee 1-4, and Neck 5&6.

Investment

- \$675 – 3 days in person, and some online material that must be completed before coming to class.
- \$300 deposit to indicate commitment and hold your space
- \$375 due 22 days prior to class
- Payment made within 22 days of class, \$50 additional fee

Return on Your Investment

- 28 CE hours credit with ABA; 16 CE hours credit with other CE partners
- Practitioner Days A&B built into the training (\$450 value)

Prerequisite

- Completion of Module 9
- At least five clients seen per week, doing Bowenwork not mixed with any other modality
- Legal to practice Bowenwork in your state
- An application submitted and accepted

Why Become an Associate Instructor?

- We love the work and want to help it grow
- It is the next step in our professional development
- To market our clinical practice and foster a well-informed client base
- We become more technically proficient
- We stretch our personality and learn to relate to all sorts of people
- For the income

- For fun

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The associate instructor training program is a standalone certification class, leading to a contract with American Bowen Academy (ABA) to teach the four-hour class Bowenwork: An Introduction to Wellness in Your Hands. It is also the first phase in the full instructor training, which is a program leading to contracts with ABA and Bowen Therapy Academy of Australia (BTAA) to teach Modules 1-6 as a Band 1 instructor.

American Bowen Academy invites confident, capable, and vital practitioners to join the instructor training program in a supportive environment where you will be encouraged to discover your authentic position among distinguished instructors.

We are calling for practitioners:

- who stood out to their peers and instructors during their training;
- with impeccable boundaries and ethical behavior;
- with the vitality and presence to keep a class interested and learning;
- who are confident with their performance of the basic work;
- who embody Tom Bowen's philosophy and methodology.

The purpose of the three-day Associate Instructor training is twofold:

- To train eligible practitioners to teach the four-hour introductory Bowenwork class
- To make a mutual determination of whether additional training to become a Band 1 ABA instructor might be a good fit for you

To apply for admission into the Associate Instructor training program -- successful completion of which leads to a contract to teach the four-hour introductory Bowenwork class -- you must:

- Fulfill the prerequisites
- Agree to allow American Bowen Academy to solicit feedback from your past instructors and from a sampling of fellow classmates about how you work with others, your communication skills, your respect for boundaries, your ethics, and your technical competence
- Complete and submit an application form for review

Prior to class you will get access to the online platform Ruzuku, where you will read, comment, and ask questions on the following topics:

- What is required of an American Bowen Academy instructor “behind the scenes” (including paperwork and familiarity with Word and Excel) and marketing.
- We will also discuss American Bowen Academy's “DNA”: why we exist as an organization and the behaviors we aspire to embody.
- We’ll outline both tracks of the instructor training program and the career path to full instructor status, including the income you might generate by producing at varying levels.

Days 1 and 2 of the training will involve watching the instructor give a demo of each procedure while highlighting teaching points and “fixes” for moves that are commonly difficult to perform. We want you to familiarize yourself with the clear wording and hand placement that will enable you to convey effectively what needs to be taught. We will practice each procedure using the same clarity of hands, as if students were only watching your hands and not hearing your words. The practitioners on the table will practice giving accurate feedback as to location and pressure, and work on translating what they feel into clear suggestions for quality improvement. You will receive a handout outlining procedure refinements. These two days count toward the American Bowen Academy requirement of 16 hours of hands-on work every two years.

The final day of training will be spent focusing on the “emergency” moves taught in the four-hour Intro class: LB 1&2, UB 1-4, supine Respiratory, Knee 1-4, and Neck 5&6. You will be asked to demonstrate moves from the Intro class in front of a sympathetic audience, to get a taste of finding the words that match the movement of your hands.

You will then work in groups of three, alternating role of teacher, student, and model. The role-playing environment creates a safe and supportive space where you can have fun while learning from and with each other.

You will become familiar with the teaching and marketing material created specifically for the four-hour Intro class. The manual has clear descriptions and photographs of hand positions, as well as anatomical illustrations, which will make it easy for students to replicate at home what they learned from you in class.

The marketing flyer has our branding and a customizable field for you to add your class logistics. A registration confirmation letter is provided, to save you time.

By teaching the Intro class, you get paid for doing your own marketing. It's a win-win for everyone.