American Bowen Academy™

# Keeping in Touch

news & updates November 2026

## A BOWEN "STAT" MOMENT

*-by Melissa (Lissa) Cuellar, Bowenwork student, Phoenix, AZ.*

One Sunday at church, a young mom brought her 3-year-old and 9-month-old, both with deep, heavy congestion and coughing throughout the service. They sounded uncomfortable, and as the service went on, the 3-year-old was having more difficulty breathing.

After service, while people were visiting with each other, the young mother asked her uncle, who is the church "resident firefighter," to listen to the 3-year-old's breathing, as it had gotten extremely raspy and she was experiencing even more difficulty breathing.

He expressed concern after listening with a stethoscope and suggested that they take the children to the emergency room to be evaluated. As I was standing there, I asked the mother (who has previously had basic Bowenwork done on herself and the children), if she wanted me to do the respiratory moves on her 3-year-old.

With utmost concern for her child's state, she entreated, "Yes please!" So, I began with BRM 1



Above: Three-year-old Olivia, happy and

stoppers, then Respiratory supine. I reached up to feel the SCM

pneumonia-free! Photo by Shaye Cochran.

(sternocleidomastoid) on the sides of her neck and found that they were both thick with phlegm/congestion. That spurred me to do the Upper Respiratory drain moves. Almost immediately, the 3-year-old sat up and began to cough up quite a bit of phlegm. It was not pretty but it was extremely helpful, as she was then able to take full breaths and breathe easier.

The hospital diagnosed both children with pneumonia. Afterwards, the mom asked me to do the moves on both children again to help clear more of the congestion.

I am humbled and appreciate being able to witness, recognize the dire emergency, and to administer Bowenwork in a situation that required immediate action, without hesitation. I and others that were close to the situation were able to witness Bowenwork's immediate effects!

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# CE Classes: Online and In-Person NOVEMBER 2026 - APRIL 2027

*For more information and to register, click on the **blue** class titles, or contact via the email provided.*

## IN-PERSON:

**Module 11/12/SP2 Review and Assessment** Roseville, CA November 21-22, 9 AM - 6 PM 16 CE hrs.

**Equine Bowen Level 2 Intermediate Equine BowenWork** Brainerd, MN. December 4-6, 9 AM-5 PM 24 CE hrs.

**Module 9/10/SP1 Review and Assessment** Roseville, CA. December 12-13, 9 AM - 6 PM 16 CE hrs.

**Equine Bowen Level 1- Introduction to Equine Bowenwork** Cornville, AZ. February 18-21, 9 AM-5 PM 24 CE hrs.

**Module 9/10/SP1 Review and Assessment** La Center, WA

## ONLINE:

**The Lymphatic System and Bowenwork** Online. Jan 23- Feb 21 16 CE hrs

## These online classes can be started anytime:

**Anatomy by the Modules** Online. Ongoing 6 CE hrs.

**Anatomy and Physiology for Bowenworkers** Online. Ongoing, 120 CE hrs. Contact: bowensource@yahoo.com

**Business Skills for a Successful Bowenwork Practice** Online, Ongoing. 16 CE hrs. Contact: bwnwk4lf@sonic.net

**Deep Anatomy of SP2 Part 1 Iliacus Release, Gluteal Release, Adductor Magnus Release** Online. Ongoing, 3 CE hrs.

**Distance Bowenwork** Online. Ongoing, 8 CE hrs.

March 11-12, 9 AM - 6 PM 16 CE hrs.

**Module 11/12/SP2 Review and Assessment** La Center, WA . March 13-14, 9 AM - 6 PM 16 CE hrs.

**Equine Bowen Level 1- Introduction to Equine Bowenwork** Rapid City, SD. April 1-4, 9 AM- 5 PM 24 CE hrs.

**Module 8** Gentry, AR, April 22-23, 9 AM–6 PM 16 CE hrs.

**Module 9/10/SP1 Review and Assessment** Gentry, AR. April 24-25, 16 CE hrs.

**Module 11/12/SP2 Review and Assessment** Gentry, AR. April 26-27, 16 CE hrs.

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## Link not working?

We ask for patience during our website conversion. If there is no working link to a listed class, please contact the instructor or the administrator at: usadmin@americanbowen.academy Thank you!

**Ethics for the Bowenwork Practitioner** Online. Ongoing, 8 CE hrs.

**Marketing Your Practice: Tips and Strategies to Increase Your Client Base** Online, Ongoing. 16 CE hrs.

**Workplace Hygiene Health and Safety** Online. Ongoing, 6 CE hrs.

**Small Animal Bowen** Online, Ongoing, 12 CE hrs. Contact: Solidago.michelle@gmail.com

**Tom Bowen's Water, Walk, Wait and the 80/20** Online. Ongoing. 12.5 CE hrs.

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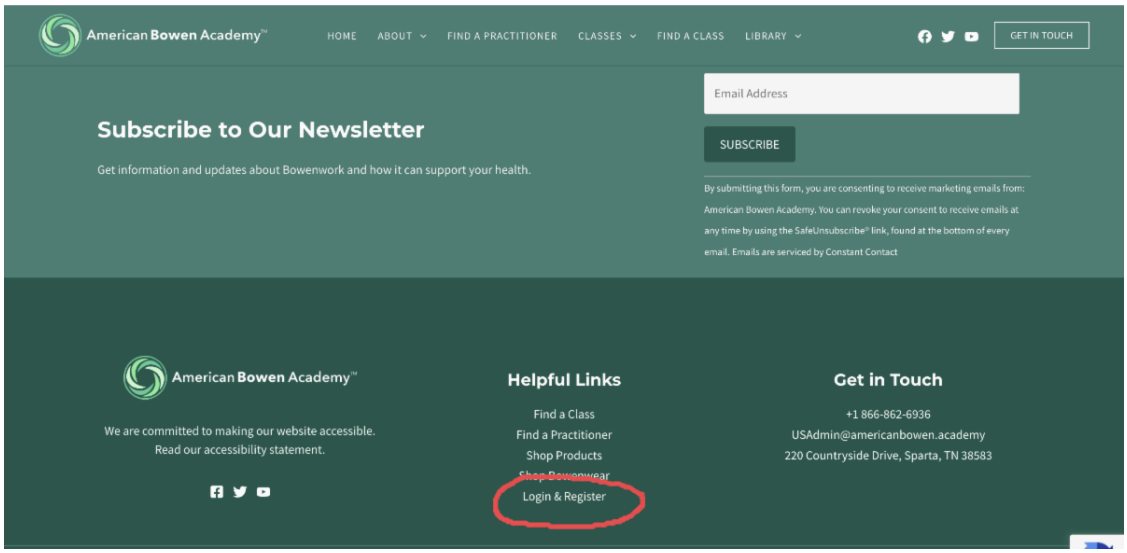
Equine Bowenwork Level 1: Mary Verbeck and Chelise Largent with Sonny at TLC Sanctuary, Cornville, AZ. Photo by Michelle Patterson

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# WEBSITE UPGRADES

If you have been wondering how to access your practitioner profile on the ABA website, wonder no more! The site has been upgraded to include several handy features to assist practitioners, providing easier access to your personal records, updating your registration, enabling automatic renewal, and allowing you to access, view, and download course handouts, manuals, certifications, and transcripts.

## MEMBER LOG-IN INSTRUCTIONS:




TO LOG IN TO YOUR PROFILE:

- CLICK ON THE LINK TO THE ABA: **https://americanbowen.academy/**
- SCROLL TO THE VERY BOTTOM OF THE PAGE
- LOOK FOR THE SECTION TITLED HELPFUL LINKS
- CLICK ON THE WORDS LOGIN & REGISTER

Remember to contact Steven if you have not updated your profile recently; he will send you the correct link to the new profile system: usbr.bowtech@gmail.com

## Signs of Bowenwork Joy






### GLENDALE, ARIZONA

CLOCKWISE: Modules 1&2: Instructor Maggie Ralls, Jenny Hainge and Omar Al-Ghunaiman. Modules 5&6: Michael Cooke, Instructor Maggie

Ralls, Lissa Cueller. Modules 8, 9 & 10:Tina Miller, Val Kobbero, Facilitator Maggie Ralls, Kelsey Baker, Instructor Nancy Pierson. Photos by Ray Ralls.



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Associate instructor training and practitioner days in Highland, UT: in front– Laurel Wendt Rimington, Jo Franks, instructor Karin Twohig, Mishelle Knuteson, Carrie Keen, Melanie Harper, Wendy Johnson. Cutting up in back are instructor Nancy Pierson, Nick Malmstrom, and Juliet Altham.



The Academy instructors had their annual instructor meeting in Cottonwood, AZ, in between storms, flooding, and evacuations. Front row: Michelle Patterson, Doreen Spackman, Sherie Hatton; second row: Terra Sutton, Helen Leonard, Karin Twohig, Heather Boyle, Crystal Maciera, Andrea Jones; third row: Maggie Ralls,Joy Marcinkowski, Gisela Bosch; top row: Collin Froman, Nancy Pierson. Photo by Crystal Maciera.

American Bowen Academy™

where gentle touch fosters profound healing

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**The opinions expressed in *Keeping in Touch* are those of the authors, not the American Bowen Academy.**

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